

# Client Intake Form - Therapeutic Massage

## Client Information

Name \_\_\_\_\_ Email \_\_\_\_\_  
Phone (cell/day) \_\_\_\_\_ DOB \_\_\_\_\_ Age: \_\_\_\_\_  
Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_  
Occupation \_\_\_\_\_ Referred by: \_\_\_\_\_

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## Health Information

Are you taking any medications?  yes  no If yes, please list: \_\_\_\_\_

Any allergies? (oils, lotions, nuts, fruits, skin, etc.)  yes  no If yes, please list: \_\_\_\_\_

Are you pregnant?  yes  no If yes, how many months: \_\_\_\_\_ Due date: \_\_\_\_\_

Are you currently under medical supervision or receiving other medical interventions?  yes  no

If yes, please describe: \_\_\_\_\_

Areas of swelling	yes	no	Diabetes	yes	no	Osteoporosis	yes	no
Autoimmune disorder	yes	no	Fibromyalgia	yes	no	Phlebitis	yes	no
Back / neck problems	yes	no	Headaches	yes	no	Sciatica	yes	no
Bleeding disorders	yes	no	Heart condition	yes	no	Seizures	yes	no
Blood clots	yes	no	Hypertension	yes	no	Stroke	yes	no
Bruise easily	yes	no	Kidney disease	yes	no	Tendinitis	yes	no
Bursitis	yes	no	Multiple sclerosis	yes	no	TMJ disorder	yes	no
Cancer	yes	no	Neurological condition	yes	no	Varicose veins	yes	no
Contagious condition	yes	no	Neuropathy	yes	no	Vertigo / dizziness	yes	no
Decreased sensation	yes	no	Osteoarthritis	yes	no			

Areas of broken skin? (e.g. rash, wounds)  yes  no If yes, where? \_\_\_\_\_

History of joint replacement surgery?  yes  no Which joint(s) ? \_\_\_\_\_

Recent injuries or medical procedures in the past 2 years?  yes  no Please describe: \_\_\_\_\_

Please describe any other injuries or health conditions: \_\_\_\_\_

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## Massage Information

Have you had professional massage before?  yes  no How recently? \_\_\_\_\_

Reason for seeking massage:  Relaxation  Specific problem

*Please indicate any areas of discomfort*

How much pressure do you prefer?  Light  Medium  Firm

*By signing below, I acknowledge that I am aware of the benefits and risks of massage therapy and that I have completed this form to the best of my knowledge. I also agree to inform my massage therapist of any health or medical changes.*

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_

